



Unici-Té

Ultra-Concentrated
Yerba Mate Drink Mix



There are some days when you feel like you're on top of the world—those are the days when you accomplish more and do it with confidence. Other days, your mind feels foggy and you can't concentrate. So what makes the difference? How can you make every day a great day?

Unici-Té helps make great days the rule, not the exception.

Yerba mate comes from a plant native to South America, where it has been consumed in community rituals for hundreds of years. Naturally rich in antioxidants and nutrients, yerba mate has traditionally been used to promote mental clarity, endurance, appetite control, and an improved mood.

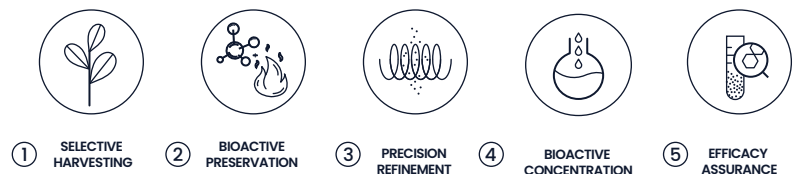
The yerba mate leaves in Unicity Unici-Té undergo a unique five-step process: hand harvesting, fire roasting, extraction, concentration, and purification. The result is a proprietary extract that enhances the benefits of yerba mate and contains up to 10 times the amount of chlorogenic acids (feel-good compounds) found in a typical cup of coffee and 20 times the chlorogenic acids found in commercially available yerba mate products.

No matter what daily tasks lie ahead, Unici-Té will support your cognitive function, endurance, and overall sense of well-being.

Choose Unici-Té and choose to feel great.

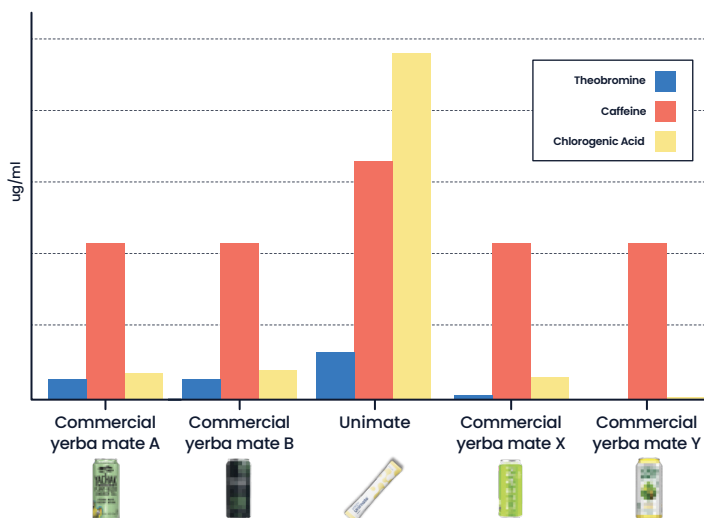
The Science Behind Unici-Té

Unici-Té is exceptionally powerful thanks to Unicity's proprietary five-step process: Selective harvesting, Bioactive preservation, Precision refinement, Bioactive concentration, Efficacy assurance. The result is a yerba mate beverage containing approximately 10 times the amount of chlorogenic acid found in a typical cup of coffee. Because we concentrate this important compound from the yerba mate plant extract, Unici-Té also contains an average of 20 times more chlorogenic acid than other commercially available yerba mate beverages.





Unici-Té



Commercial Yerba Mate vs. Unici-Té

These findings are based on a study conducted by Unicity.

Features

- High-quality, purified, ultra-concentrated yerba mate
- Rich source of:
 - Chlorogenic acids
 - Theobromine
 - Mate saponins
 - Antioxidants
- Convenient single-serving stick packs
- No added sugar (sweetened with stevia)

Benefits

- Supports feelings of well-being*
- Supports healthy cognitive processes*
- Helps maintain endurance and stamina*
- Promotes satiety*
- Supports weight-management efforts*
- Promotes the body's natural ketone production*



Unici-Té



When to Use It

- Before exercise
- In the morning to start your day with an energy boost
- Between meals
- Before an important meeting, test, or presentation
- Anytime you want to fight mental fog or fatigue

Try This

- Prepare your Unici-Té hot and stir with a cinnamon stick.
- Add a tablespoon of coconut oil to your Unici-Té.
- Add a scoop of Complete powder for a healthier, sweeter beverage.
- Try Unici-Té Natural Lemon over ice for a refreshing, delicious pick-me-up.
- Looking for an extra boost? A Matcha + Unici-Té combination should do the trick.

Recommended Use

- Mix the entire contents of 1 stick pack (5.1 g) with 17–24 oz. (500–700 mL) of hot or cold water (add more or less to taste). Drink twice daily.
- Because Unici-Té does not break a fast, take it first thing in the morning for increased satiety and energy, then take it again just before your first meal of the day.

Ideal For

- **Entrepreneurs, Business Owners, Super Moms, and Super Dads** Unici-Té provides just the right amount of support to help you nail that afternoon presentation, finish household tasks, or help your kids with the project they conveniently remembered is due tomorrow.
- **Athletes** Whether you're exercising or enjoying your favorite sport, Unici-Té helps you rise to the challenge. Convenient stick packs make it easy to take Unici-Té with you on longer adventures.
- **College Students** Unici-Té promotes focus and concentration while helping you find the motivation to build successful habits and maintain an active social life.



Unici-Té

Ingredients

Green Yerba Mate Leaf: Yerba mate comes from the leaves of a holly plant native to the central regions of South America. Indigenous peoples have used yerba mate for centuries. Yerba mate is a natural source of caffeine and contains a high concentration of naturally occurring polyphenols with powerful antioxidant properties.

Naturally Occurring Components in Yerba Mate

Chlorogenic Acids: Chlorogenic acids are polyphenolic compounds found in plants and seeds such as yerba mate, green coffee beans, and tea. Chlorogenic acids have significant biological effects in the body, including, supporting healthy brain function, Promoting an improved mood, Supporting lipid and glucose metabolism.

Mate Saponins: Mate saponins are a class of molecules unique to the yerba mate plant. Mate saponins support metabolic flexibility.

Theobromine: Theobromine is a compound with a structure similar to caffeine. It is perhaps best known as the mood-enhancing compound found in high-quality chocolate. Theobromine promotes feelings of calm, Enhances concentration, Helps reduce mental fatigue.

Designed for Health

Today, we face a health crisis unlike anything the world has ever seen. Despite scientific advances in medicine and healthcare, people are less healthy than ever.

The good news is that this global decline in health is completely reversible. As The Health Intervention Company, Unicity is committed to fighting today's health crisis by developing products that are obsessively backed by science, rigorously tested, and expertly produced—all to help millions of people around the world live better lives.

Supplement Facts	
Energy per package:	216 kcal (918 kJ)
	Per 100 ml*
Energy:	1.6 kcal (6.8 kJ)
Protein:	0 g
Total Fat:	0 g
Saturated Fat:	0 g
Trans Fat:	0 mg
Available Carbohydrates:	0.4 g
Sugars:	0 g
Added Sugars:	0 g
Dietary Fiber:	0 g
Sodium:	10 mg
*Prepared according to directions	

Ingredients: Green Yerba Mate Leaf Extract Powder, Citric Acid, Meyer Lemon Flavor, Sodium Gluconate, Stevia Extract, Natural Bitterness-Blocking Flavor.

Contains naturally occurring caffeine.
Not intended for children.



Unici-Té

Frequently Asked Questions

Is Unici-Té Natural Lemon different from the previous Unici-Té Lemon?

Unici-Té Natural Lemon is an exciting update to our current Unici-Té formula. Natural Lemon contains the same powerful yerba mate extract with all the same amazing benefits, but is naturally flavored and sweetened with stevia.

How much caffeine is in a serving of Unici-Té?

The product has been tested for an upper caffeine limit and contains approximately the same amount of caffeine as a premium cup of coffee. However, because natural ingredients can vary, the caffeine content is not standardized.

Can I take Unici-Té with Unicity Matcha?

Yes. Both products can be used together. Since both contain caffeine, individuals who are sensitive to caffeine should avoid consuming them together or close to bedtime.

Is this product compatible with ketogenic or other low-carbohydrate diets?

Unici-Té is ideal for ketogenic and other low-carbohydrate diets because it helps the body become more efficient at producing ketones, the body's rapid energy source derived from fat. Unici-Té helps prevent the tired, empty, sluggish feeling that can come from not eating enough by helping the body use stored fat for energy.

What are mate saponins?

Mate saponins are a class of saponin molecules unique to the yerba mate plant. Studies have shown that mate saponins have significant biological effects, particularly in the areas of weight loss and fat metabolism.

How is this product different from Unicity Matcha?

The two products differ in the type of energy they provide: Unicity Matcha supports physical energy and Unici-Té supports mental energy. Matcha increases ATP production, resulting in greater cellular energy. Unici-Té promotes a better mood, feelings of well-being, and the sense that you can accomplish anything. Additionally, because Unici-Té supports ketone production, ketones can provide an additional source of energy.

Why can't pregnant or nursing women use this product? Can children use Unici-Té?

Unicity does not test products on children, pregnant women, or nursing women. Therefore, Unicity cannot recommend use for these populations. It is also important to note that Unici-Té contains naturally occurring caffeine, and many sources indicate that caffeine may not be appropriate for pregnant women or young children.

What are chlorogenic acids?

Chlorogenic acids are a family of polyphenolic compounds found in plants and seeds such as yerba mate, green coffee beans, and tea. They have important biological effects, including supporting healthy blood pressure, supporting healthy brain function, promoting an improved mood. Unici-Té contains approximately 20 times more chlorogenic acids than standard yerba mate beverages.

What is theobromine?

Theobromine is a compound with a structure similar to caffeine. It is best known as the mood-enhancing compound found in high-quality chocolate. Theobromine promotes feelings of calm, enhances concentration, and helps reduce mental fatigue.



Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Balance

The Smart Solution
for Balanced Nutrition



Most people know that fiber supports digestive health. But beyond aiding digestion, fiber can also help reduce the impact that excess dietary carbohydrates and cholesterol can have on the body. Soluble fibers, in particular, help support important bodily functions, such as maintaining healthy cholesterol and blood sugar levels.

However, the prevalence of processed foods and modern agricultural practices has led to higher sugar levels and lower fiber levels in the foods we eat.

Unicity Balance is a pre-meal drink with a proprietary fiber matrix that includes bioactive plant compounds, polysaccharides, and micronutrients. The fiber matrix is designed to help ease some of the impact that excess dietary carbohydrates and cholesterol can have on the body. Balance is also formulated to provide essential vitamins, minerals, and soluble fibers that help curb appetite.

Features



Biosphere Fiber™:
A proprietary blend
of five fibers



Unicity 7x™: A
specialized blend of
plant-derived
polysaccharides and
Gum Arabic



Bios Cardio Matrix™:
A blend of plant
extracts and
phytosterols



**Convenient
single-use stick
packs for
on-the-go use**



**Natural
flavor**



**Naturally
sweetened with
stevia extract**

Benefits

- Helps curb appetite between meals*
- Helps reduce the amount of dietary cholesterol absorbed into the bloodstream*
- Helps reduce carbohydrate absorption in the body*
- Supports normal, healthy blood glucose levels*
- Supports healthy weight management*
- Supports time-based eating and other intermittent fasting methods



Balance



Designed for Health

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The good news is that this global decline in health is completely reversible. As The Health Intervention Company, Unicity is committed to fighting today's health crisis by developing products that are obsessively backed by science, rigorously tested, and expertly produced—all to help millions of people around the world live better lives.

Recommended Use

- For best results, take 1–2 times daily, before or with meals. Vigorously mix each stick pack with 8–10 oz. (240–300 mL) of water and drink immediately.
- For additional benefits, combine Unicity Balance with an intermittent fasting approach such as 16:8.

Ideal For

- Adults looking to increase their fiber intake
- Individuals interested in maintaining healthy blood sugar and cholesterol levels
- Those seeking support for their weight-management efforts



Balance

Ingredients

Biosphere Fiber Proprietary Formula® Biosphere is a unique blend that includes five different fiber sources. These fibers help maintain healthy cholesterol levels and slow the conversion of high-glycemic carbohydrates into blood glucose.

Ingredients: Guar Gum, Locust Bean Gum, Citrus Pectin, Oat Fiber, Beta-Glucan

Unicity 7X™ Unicity 7x is a specialized blend of plant-derived polysaccharides, also known as viscous fibers. Viscous, soluble fibers form a thick gel when mixed with water and as they move through the digestive tract. The gel-like consistency helps slow stomach emptying, resulting in prolonged satiety.

Ingredients: Proprietary Plant-Derived Polysaccharide Blend, Gum Arabic

Bios Cardio Matrix™ Bios Cardio Matrix is a blend of plant extracts and phytosterols that supports the body's cholesterol absorption process. The blend may help limit the absorption of dietary cholesterol.

Ingredients: Phytosterols, Policosanol (Sugar Cane Extract)

Bios Vitamin Complex™ Bios Vitamin Complex is a unique blend that supports healthy metabolism. This blend is designed to assist proper digestion and optimize the conversion of food into fuel.

Ingredients: Calcium Carbonate, Vitamin C (Ascorbic Acid), Chromium, Vitamin A (Beta-Carotene), Vitamin E (D-Alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B6 (Pyridoxine HCl), Vitamin B12 (Cyanocobalamin), Folic Acid, Vitamin B1 (Thiamine), Biotin, Riboflavin

Supplement Facts	
Servings Per Container:	30
Serving Size: 1 stick pack	(7.25 g)
Amount Per Serving	
Calories	(15 kcal)
% Daily Value*	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 15 mg	1%
Total Carbohydrate 5 g	2%
Dietary Fiber 4 g	14%
Total Sugars 0 g	0%
Added Sugars 0 g	0%
Protein 0 g	0%
Vitamin A 225 µg	25%
Vitamin C 40 mg	45%
Vitamin E 6.7 mg	45%
Thiamine 1 mg	80%
Riboflavin 1 mg	80%
Niacin 15 mg	90%
Vitamin B6 1 mg	60%
Folic Acid 150 µg	40%
Vitamin B12 1 µg	40%
Biotin 30 µg	100%
Calcium 120 mg	10%
Zinc 2.3 mg	20%
Chromium 100 µg	290%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day are used for general nutrition advice.	



Balance

Frequently Asked Questions

How does Balance work?

Balance contains viscous soluble fiber. This type of fiber forms a thick gel when combined with water and moves through the digestive tract. The gel-like consistency helps slow stomach emptying, resulting in prolonged satiety.

Why are there vitamins and minerals in Balance?

The vitamins and minerals in Balance help support proper digestion and help the body's enzymes function efficiently.

Can I take Balance at other times of the day or before a snack?

Yes. Many people who use Balance find that they snack less between meals and, when they do indulge, feel better afterward. However, you will receive the greatest benefit when using Balance before a meal, as it can help support the body's response to dietary carbohydrates and cholesterol from food.

Who can take Balance?

We recommend Balance for adults who want to maintain good digestive and metabolic health. Pregnant or nursing women should consult their physician before taking Balance. As with any nutritional supplement, if you have questions, consult your healthcare provider before use.

I understand increasing fiber can affect my system. Will I experience bloating or discomfort?

Introducing fiber (Balance) may increase gas or bloating in some individuals. This is a normal reaction as your body adjusts to increased daily fiber intake. These effects should decrease after 2–3 weeks. If you experience significant discomfort, consider reducing your Balance serving by half before each meal for 3–7 days.

Can I still take Balance if I forgot to take it before a meal? Should I skip it if I've already eaten?

Balance is designed to be taken before meals, but taking it late is better than not taking it at all. The soluble dietary fibers in Balance will still support your digestive health.

Can I take this product with less water than recommended?

One serving of Balance should be mixed with 8–10 oz. (240–300 mL) of water. Taking this product without the recommended amount of liquid may cause choking. Do not use this product if you have difficulty swallowing.



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