



Unici-Té



Unici-Té is a powdered beverage with a delicious lemon and herbal flavor, ideal for starting your day. With 30 stick packs in every box, its convenient packaging makes it easy to take with you wherever you go.

Perfect as a morning or afternoon beverage, Unici-Té adds a refreshing touch to your day. It contains naturally occurring caffeine and naturally sourced sweeteners.

Benefits

- Refreshing lemon flavor*
- Contains antioxidants and electrolytes*
- No added sugars*
- Compatible with time-restricted eating patterns*

Directions for use

Add half a stick pack (3.05 g) to 450 ml of hot or cold water. Stir and enjoy.

Contents

30 stick packs per box. Each stick pack provides two servings.

Key ingredients: Yerba mate

Nutrition Facts	
Energy per package	216 kcal (918 kJ)
Per 100 mL	
Energy	0.8 kcal (3.4 kJ)
Protein	0 g
Total Fat	0 g
Saturated Fat	0 g
Trans Fat	0 mg
Available Carbohydrates	0.2 g
Sugars	0 g
Added Sugars	0 g
Dietary Fiber	0 g
Sodium	5 mg
*Prepared as directed.	

INGREDIENTS: Flavors (natural flavors, herb flavor), citric acid, erythritol (16,372 mg/100 g), sodium gluconate, stevia extract (Stevia rebaudiana L.) (1,637 mg/100 g), sucralose (131.1 mg/100 g).

Contains 10–15 mg of naturally occurring caffeine per 100 mL

Unici-Té

FAQs

How much caffeine does each serving of Unici-Té contain?

Half a stick pack of Unici-Té mixed with 450 ml of water (a large glass) provides plenty of flavor and contains up to 67.5 mg of caffeine, which is less than a typical cup of coffee (approximately 75–85 mg of caffeine).

Does Unici-Té contain added caffeine?

No. All of the caffeine in Unici-Té comes naturally from its ingredients.

Can I drink Unici-Té along with other caffeinated products (such as green tea, coffee, or dietary supplements containing caffeine or green tea)?

Yes, as long as you are not sensitive to caffeine and your total daily caffeine intake does not exceed 400 mg per day (whether naturally occurring or added through foods and beverages). Up to 400 mg of caffeine per day is generally considered safe for most adults.

Can Unici-Té be consumed by pregnant or breastfeeding women, or by children?

No. This product contains sweeteners and naturally occurring caffeine and is therefore not recommended for children, pregnant women, or women who are breastfeeding.

Is this product compatible with ketogenic or other low-carbohydrate diets?

Yes. With only 0.1 g of sugar per 100 ml, Unici-Té does not contribute a significant amount of carbohydrates and is compatible with ketogenic and low-carbohydrate diets.

Can I consume Unici-Té more than once per day?

Yes. As long as you are not sensitive to caffeine and are not combining it with other caffeinated beverages, you may consume up to 5 servings per day (2½ stick packs).

Can I change the amount of water recommended in the directions?

Half a stick pack of Unici-Té provides sufficient flavor when mixed with 450 ml of water (a large glass of water). However, you may add more water if you find the flavor too concentrated when prepared as directed.



Uni-Matrix



Uni-Matrix is a powdered beverage with a delicate citrus flavor and 30 stick packs per box, enriched with vitamins, minerals, and bioactive compounds.

With its refreshing orange flavor, Uni-Matrix is ideal for enjoying before your main meals. Its unique formula includes vitamins, minerals, and bioactive compounds that help support appetite control.

Benefits

Compatible with time-restricted eating patterns*

Directions for use

- For best results, take 1–2 times daily, before or with meals.
- Mix each stick pack with 8–10 oz (240–300 mL) of water.
- Shake vigorously in a shaker bottle. Drink immediately.

Contents

30 stick packs per box

Key ingredients

- Soluble fiber
- Vitamins
- Minerals
- Chromium

Nutritional Information		
Serving Size: 1 stickpack (7.25 g) Servings per Container: 30		
	Per Serving	Per 100 g
Energy Content	76,5 kJ (18 kcal)	1 055 kJ (252 kcal)
Fats/Lipids	0 g	0 g
Sodium	0 g	0 g
Potassium	5 mg	69 mg
Carbohydrates	4,5 g	62 g
Sugars	0 g	0 g
Dietary Fiber	4 g	41 g
Protein	0 g	0 g
	Per Serving	Per 100 g
Vitamin A	225 µg	3 103 µg
Vitamin C	40 mg	552 mg
Vitamin E	6,7 mg	92 mg
Thiamine	1 mg	14 mg
Riboflavin	1 mg	14 mg
Niacin	15 mg	207 mg
Vitamin B6	1 mg	14 mg
Folic Acid	150 µg	2 069 µg
Vitamin B12	1 µg	14 µg
Biotin	30 µg	414 µg
Calcium	120 mg	1 655 mg
Zinc	2,3 mg	32 mg
Chromium	100 µg	1 379 µg

INGREDIENTS: Guar gum, phytosterols [soy sterols (Glycine max), glucose syrup, sodium caseinate, silicon dioxide, sodium ascorbate, tocopherols, ascorbyl palmitate], hydroxypropyl methylcellulose, natural and artificial orange flavors, gum arabic, carob gum, pectin, maltodextrin, calcium carbonate, oat fiber (Avena sativa), orange juice powder (Citrus x sinensis), citric acid, vitamin C (ascorbic acid), vitamin A (beta-carotene), sucralose (240 mg/100 g), beta-glucan, zinc gluconate, niacinamide, vitamin E (d-alpha tocopheryl acetate), policosanol [sugarcane extract (Saccharum officinarum)], biotin, folic acid, vitamin B6 (pyridoxine), thiamine, riboflavin, chromium picolinate, vitamin B12 (cyanocobalamin).

CONTAINS: CASEIN (MILK).

Uni-Matrix

FAQs

Who can take Uni-Matrix?

We recommend Uni-Matrix for adults who want to feel their best. Pregnant and breastfeeding women should consult their physician before taking Uni-Matrix. As with any dietary supplement, if you have questions, consult your healthcare provider before use.

How does Uni-Matrix work?

Uni-Matrix contains a viscous soluble fiber. When combined with water, this fiber forms a thick gel as it moves through the digestive tract. The gel-like substance helps slow stomach emptying, resulting in prolonged feelings of fullness.

Why does Uni-Matrix contain vitamins and minerals?

The vitamins and minerals in Uni-Matrix help support proper digestion and help the body's enzymes function efficiently.

Can I take Uni-Matrix at other times of the day or before a snack?

Yes. Many people who use Uni-Matrix find that they snack less between meals, and if they do indulge, they feel better afterward.

Can I drink Uni-Matrix with other Unicity fiber products?

Each person's tolerance to dietary fiber is different. When adding new fiber sources to your diet, do so gradually to avoid digestive discomfort.

Can I continue taking Uni-Matrix if I forgot to take it before a meal? Should I skip it if I already ate?

It is always best to take Uni-Matrix before a meal, but it is better to take it late than not at all. You may still experience some effect on the meal you consumed.

Can I take this product with less water than recommended?

Taking this product without the recommended amount of liquid may cause choking. Do not use this product if you have difficulty swallowing.