



Unimate

Lemon



Enjoy great days with Unimate. Choose Unimate, and choose to feel great.

There are some days when you feel like you're on top of the world—it's those kinds of days where you accomplish more, and you do it with style. Other days, your brain feels foggy, and you can't focus. So what makes the difference? How can you make every day a great day?

Yerba mate comes from a plant native to South America, where it has been consumed in community rituals for hundreds of years. Naturally rich in antioxidants and nutrients, yerba mate has been traditionally used to promote mental clarity, endurance, appetite control, and an improved mood. The yerba mate leaves in Unicity Unimate undergo a unique five-step process—handpicking, fire roasting, extracting, concentrating, and purifying. The result is a proprietary extract that enhances the benefits of yerba mate and contains up to 10 times the amount of chlorogenic acids (feel-good elements) found in a typical cup of coffee and 20 times the chlorogenic acids found in other commercially available yerba mate products.

No matter what daily tasks await, Unimate will support your cognitive function and endurance and help you feel great.

Features



No added sugar
(sweetened with stevia)



Gluten Free (GF)



Kosher Certified (U)



Rich source of chlorogenic
acids, theobromine, mate
saponins, and antioxidants



Convenient
single-serving packets



Unimate

Benefits

- Provides the body with a natural source of caffeine and polyphenols with high antioxidant properties and chlorogenic acids.
- Theobromine helps you feel good, as it is the molecule known as a mood-enhancing stimulant.

Try This

- Prepare your Unimate hot and stir with a cinnamon stick.
- Try adding a tablespoon of coconut oil to your Unimate.
- Try Unimate Lemon over ice for a delicious, refreshing boost

Ideal For

- Before exercise
- In the morning to start the day with an energy boost
- Between meals
- Before an important meeting, test, or presentation

Usage

- Mix the full contents of 1 packet with 250 ml of water (add more or less to taste).
- Drink 1 to 2 times a day or as desired. Try it hot or cold

Ingredients

Supplement Facts		
Serving Size: 1 packet (6.1 g)		Servings Per Container: 30
Calories (kcal)	Per 100 mL	Per Per Serving (250 mL water)
	10	10
Total Fat	0 g	0 g
Saturated Fat	0 g	0 g
Trans Fat	0 g	0 g
Total Carbohydrates	2.14 g	2.14 g
Dietary Fiber	0 g	0 g
Polyols	1.1 g	1.1 g
Total Sugars	0.6 g	0.6 g
Added Sugars	0 g	0 g
Protein	0 g	0 g
Sodium	52.48 g	52.48 g
*Not a significant source of Calcium, Iron, Vitamins A, C, D, or Zinc.		

Green yerba mate leaf: Yerba mate comes from the leaves of the holly plant native to the central regions of South America. Yerba mate has been used by indigenous peoples for centuries. Yerba mate is a natural source of caffeine and contains polyphenols, which have high antioxidant properties.

Yerba mate naturally contains the following:

Chlorogenic Acids: Chlorogenic acids are polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea.

Mate Saponins: Mate Saponins are a class of molecules that are specific to the yerba mate plant.

Theobromine: Theobromine is a molecule with a structure similar to caffeine. It is perhaps best known as the mood-enhancing molecule found in high-quality chocolate. Theobromine helps you feel good.

Unimate

FAQs

What are Mate Saponins?

Mate Saponins are a class of molecules called saponins that are specific to the yerba mate plant. Mate Saponins have been shown to have important biological effects.

Why can't pregnant or breastfeeding women use this product? Can children use Unimate?

Unicity does not test its products on children, pregnant women, or nursing mothers. Therefore, Unicity cannot recommend use for these demographic groups. It is also worth noting that Unimate contains natural caffeine, and many sources indicate that caffeine may not be suitable for pregnant women or young children.

What is Theobromine?

Theobromine is a molecule with a structure similar to caffeine. It is perhaps best known as the mood-enhancing molecule found in high-quality chocolate.

What are chlorogenic acids?

Chlorogenic acids are a family of polyphenolic compounds found in plants such as yerba mate, green coffee beans, and tea. Unimate contains approximately 20 times more chlorogenic acids than standard yerba mate drinks.

What if I experience heartburn with Unimate?

Your stomach may be more sensitive to the caffeine or the flavor. Give your body a few weeks to adjust and, in the meantime, avoid consuming other caffeinated products. You can also try drinking Unimate more slowly over a longer period, taking half a serving instead of a full one, or adding more water when preparing it to soften its concentration.



Balance



Balance is formulated to provide the body with vitamins, minerals, and soluble fiber.

Most people know that fiber promotes digestive health. But in addition to aiding digestion, fiber can also help control appetite. However, the prevalence of processed foods and new modern farming techniques has led to higher sugar levels and lower fiber levels in the foods we consume.

Unicity Balance is a drink taken before or with meals that contains a proprietary fiber matrix including bioactive plant compounds, polysaccharides, and micronutrients.

Benefits

- Daily fiber intake helps regulate bowel transit, reduce fat absorption, prevent fluid retention, and generate a sense of digestive well-being.
- Supports the intermittent fasting method.



Helps control appetite between meals*



Helps reduce the absorption of carbohydrates in the body*



Promotes healthy weight management*



Helps reduce the amount of cholesterol absorbed into the bloodstream*



Supports the 16-8 eating pattern and other intermittent fasting methods*

NOTE: This product contains natural ingredients; therefore, the color may vary and some ingredients may not dissolve as quickly as others. This product can be taken with medications that are food-compatible. This product contains chromium, which can help maintain healthy blood sugar levels.



Balance

Usage

Take 1 or 2 times a day, before or with meals. Vigorously mix each packet with 8 to 10 oz of water and drink immediately.

Try this

- Mix Balance with Complete to get both high-quality protein and fiber.
- Mix Balance with Unimate to experience the benefits of both products.

Ideal for

- Adults looking to increase their fiber intake
- Adults interested in maintaining healthy blood sugar and cholesterol levels
- Those looking for support in their weight management efforts

Ingredients

Biosphere Fiber®: a unique blend that includes five different sources of fiber.

Unicity 7x™: a specialized blend of plant-derived polysaccharides, also known as viscous fibers. Viscous and soluble fibers form a thick gel when mixed with water and as they move through the digestive tract. The gel-like consistency helps slow stomach emptying, resulting in prolonged satiety.

Bios Cardio Matrix™: a blend of plant extracts and phytosterols.

Bios Vitamin Complex: a unique blend that supports a healthy metabolism. This blend optimizes the conversion of food into fuel, promoting digestion.

Supplement Facts

Serving size: 1 packet (7.25 g)
Servings per container: 30

Calories (kcal)	Per 100 mL	Per serving (240 mL water)	Calories (kcal)	Per 100 mL	Per serving (240 mL water)
Total Fat	0 g	0 g	Vitamin E	4.2 mg	10 U.I
Cholesterol	0 g	0 g	Vitamin B1	0.54 mg	1.3 mg
Total Carb.	2.1 g	5.0 g	Vitamin B2	0.63 mg	1.5 mg
Sugars	0 g	0 g	Niacin	7.8 mg	18.8 mg
Dietary Fiber	1.5 g	3.7 g	Vitamin B6	0.6 mg	1.2 mg
Sodium	3.8 mg	9 mg	Folic Acid	83.3 mcg	200 mcg
Protein	0 g	0 g	Vitamin B12	0.83 mcg	2 mcg
Vitamin A	95.8 ER	230 ER	Biotin	16.7 mcg	40 mcg
Vitamin C	20.6 mg	49.5 mg	Chromium	41.7 mcg	100 mcg
Calcium	67.9 mg	163 mg	Zinc	1.1 mg	2.7 mg

*Not a significant source of Saturated Fat, Trans Fat, Iron, Vitamin D



Balance

FAQs

Why are there vitamins and minerals in Balance?

The vitamins and minerals in Balance help maintain proper digestion.

How does Balance work?

Balance contains a viscous soluble fiber. Viscous soluble fiber forms a thick gel when combined with water and as it moves through the digestive tract. The gel-like substance helps slow stomach emptying, resulting in prolonged satiety.

Who can take Balance?

We recommend Balance for adults who want to feel their best.

Can I still take Balance if I forgot to take it before a meal? Should I skip it if I already ate?

It is always best to take Balance before or during a main meal, but it would be better to take it late than not at all. It will still have some effect on the meal that was eaten.

Can I take Balance at other times of the day or before having a snack?

Yes. Many people who use Balance notice they snack less between meals, and if they do indulge, they feel better afterward.

Can I take this product with less water than the recommended amount?

It is recommended to take it according to the label instructions. If you experience heartburn with Balance, try reducing your meal size, eating more slowly to give your body more time to digest, or starting with half a serving while your body adjusts. These adjustments can help reduce bloating and relieve pressure in the stomach.



Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.