



# Uni-Matrix



Uni-Matrix is a powdered beverage with a delicate citrus flavor and 30 stick packs per box, enriched with vitamins, minerals, and bioactive compounds.

With its refreshing orange flavor, Uni-Matrix is ideal for enjoying before your main meals. Its unique formula includes vitamins, minerals, and bioactive compounds that help support appetite control.

## Benefits

Compatible with time-restricted eating patterns\*

## Directions for use

- For best results, take 1–2 times daily, before or with meals.
- Mix each stick pack with 8–10 oz (240–300 mL) of water.
- Shake vigorously in a shaker bottle. Drink immediately.

## Contents

30 stick packs per box

## Key ingredients

- Soluble fiber
- Vitamins
- Minerals
- Chromium

| Nutritional Information                                       |                   |                     |
|---------------------------------------------------------------|-------------------|---------------------|
| Serving Size: 1 stickpack (7.25 g) Servings per Container: 30 |                   |                     |
|                                                               | Per Serving       | Per 100 g           |
| Energy Content                                                | 76,5 kJ (18 kcal) | 1 055 kJ (252 kcal) |
| Fats/Lipids                                                   | 0 g               | 0 g                 |
| Sodium                                                        | 0 g               | 0 g                 |
| Potassium                                                     | 5 mg              | 69 mg               |
| Carbohydrates                                                 | 4,5 g             | 62 g                |
| Sugars                                                        | 0 g               | 0 g                 |
| Dietary Fiber                                                 | 4 g               | 41 g                |
| Protein                                                       | 0 g               | 0 g                 |
|                                                               | Per Serving       | Per 100 g           |
| Vitamin A                                                     | 225 µg            | 3 103 µg            |
| Vitamin C                                                     | 40 mg             | 552 mg              |
| Vitamin E                                                     | 6,7 mg            | 92 mg               |
| Thiamine                                                      | 1 mg              | 14 mg               |
| Riboflavin                                                    | 1 mg              | 14 mg               |
| Niacin                                                        | 15 mg             | 207 mg              |
| Vitamin B6                                                    | 1 mg              | 14 mg               |
| Folic Acid                                                    | 150 µg            | 2 069 µg            |
| Vitamin B12                                                   | 1 µg              | 14 µg               |
| Biotin                                                        | 30 µg             | 414 µg              |
| Calcium                                                       | 120 mg            | 1 655 mg            |
| Zinc                                                          | 2,3 mg            | 32 mg               |
| Chromium                                                      | 100 µg            | 1 379 µg            |

**INGREDIENTS:** Guar gum, phytosterols [soy sterols (Glycine max), glucose syrup, sodium caseinate, silicon dioxide, sodium ascorbate, tocopherols, ascorbyl palmitate], hydroxypropyl methylcellulose, natural and artificial orange flavors, gum arabic, carob gum, pectin, maltodextrin, calcium carbonate, oat fiber (Avena sativa), orange juice powder (Citrus x sinensis), citric acid, vitamin C (ascorbic acid), vitamin A (beta-carotene), sucralose (240 mg/100 g), beta-glucan, zinc gluconate, niacinamide, vitamin E (d-alpha tocopheryl acetate), policosanol [sugarcane extract (Saccharum officinarum)], biotin, folic acid, vitamin B6 (pyridoxine), thiamine, riboflavin, chromium picolinate, vitamin B12 (cyanocobalamin).

**CONTAINS: CASEIN (MILK).**

# Uni-Matrix

## FAQs

---

### Who can take Uni-Matrix?

We recommend Uni-Matrix for adults who want to feel their best. Pregnant and breastfeeding women should consult their physician before taking Uni-Matrix. As with any dietary supplement, if you have questions, consult your healthcare provider before use.

### How does Uni-Matrix work?

Uni-Matrix contains a viscous soluble fiber. When combined with water, this fiber forms a thick gel as it moves through the digestive tract. The gel-like substance helps slow stomach emptying, resulting in prolonged feelings of fullness.

### Why does Uni-Matrix contain vitamins and minerals?

The vitamins and minerals in Uni-Matrix help support proper digestion and help the body's enzymes function efficiently.

### Can I take Uni-Matrix at other times of the day or before a snack?

Yes. Many people who use Uni-Matrix find that they snack less between meals, and if they do indulge, they feel better afterward.

### Can I drink Uni-Matrix with other Unicity fiber products?

Each person's tolerance to dietary fiber is different. When adding new fiber sources to your diet, do so gradually to avoid digestive discomfort.

### Can I continue taking Uni-Matrix if I forgot to take it before a meal? Should I skip it if I already ate?

It is always best to take Uni-Matrix before a meal, but it is better to take it late than not at all. You may still experience some effect on the meal you consumed.

### Can I take this product with less water than recommended?

Taking this product without the recommended amount of liquid may cause choking. Do not use this product if you have difficulty swallowing.