



# Unimate

Ultra-concentrated  
yerba mate drink mix



There are some days when you feel like you're on top of the world—it's those kinds of days where you accomplish more, and you do it with style. Other days, your brain feels foggy, and you can't focus. So what makes the difference? How can you make every day a great day?

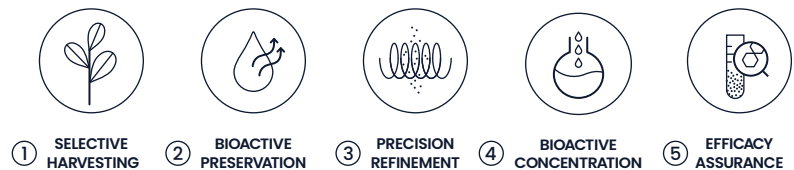
Unimate helps make great days the rule, not the exception.

Yerba mate comes from a plant native to South America, where it has been consumed in community rituals for hundreds of years. Naturally rich in antioxidants and nutrients, yerba mate has been traditionally used to promote mental clarity, endurance, appetite control, and an improved mood. The yerba mate leaves in Unicity Unimate undergo our unique BioSelect™ Process—selective harvesting, bioactive preservation, precision refinement, bioactive concentration, and efficacy assurance. The result is a proprietary extract that enhances the benefits of yerba mate and contains up to 10 times the amount of chlorogenic acids (feel-good elements) found in a typical cup of coffee and 20 times the chlorogenic acids found in other commercially available yerba mate products. No matter what daily tasks await, Unimate will support your cognitive function and endurance and help you feel great.

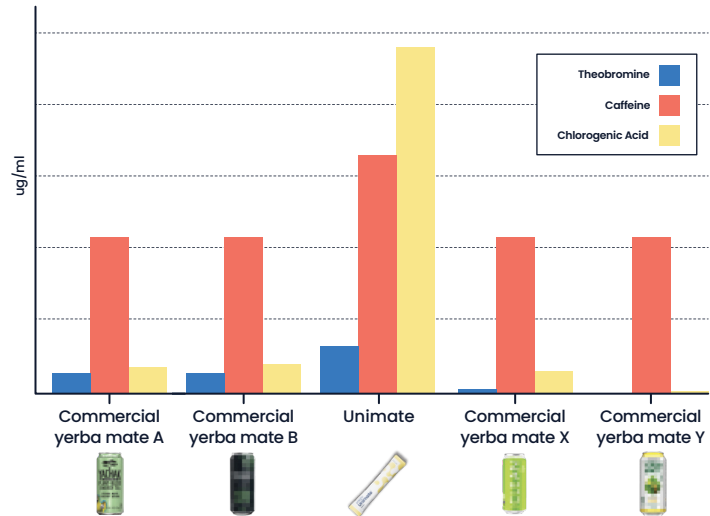
**Choose Unimate, and choose to feel great.**

## The BioSelect™ Process

Unimate is uniquely powerful thanks to **Unicity's BioSelect™ Process**: select harvesting, bioactive preservation, precision refinement, bioactive concentration, and efficacy assurance.



# Unimate



## Commercial yerba mate vs Unimate

These findings are based on a study conducted by Unicity.

## Features



High-quality, purified, ultra-concentrated yerba mate



Naturally sourced flavors & ingredients



No artificial colors or preservatives



No added sugar (sweetened with stevia)



Rich source of Chlorogenic acids, Theobromine, Mate saponins, and Antioxidants



Convenient single-serving stick packs

## Benefits

- Supports feelings of well-being\*
- Supports healthy cognitive processes\*
- Helps maintain endurance and stamina\*
- Promotes satiety\*
- Supports weight-management efforts\*
- Promotes the body's ketone production\*



# Unimate



## Certifications



Third-party tested



Halal certified



LGC Informed Choice



Gluten free



Made in GMP-certified facilities



Kosher certified

## Flavors



Unimate Natural Lemon



Unimate Lemon Ginger



Raspberry Pomegranate



Unimate Fierce (LTO)

## When to use

- In the morning to kickstart your day and extend your fast
- Before a workout for clean, sustained energy
- Prior to meals to promote satiety and reduce cravings
- Ahead of meetings, tests, or presentations for mental clarity and focus
- Anytime you need a lift to overcome fatigue or brain fog

## Try this

- Enjoy Unimate your way—hot or ice cold—based on your personal preference.
- For a refreshing twist, add fresh mint and a touch of honey to any Unimate flavor.
- Mix with 2 cups of water and freeze into popsicle molds for a cool, energizing summer treat.

# Unimate

## Use

- Mix the entire contents of 1 stick pack with 17–24 oz (500–700 mL) of hot or cold water. Drink 2 times daily.
- Take first thing in the morning and again before your first meal.

## Ideal for

- Individuals looking to boost mental clarity, focus, and mood
- Anyone battling brain fog or afternoon energy crashes
- Those practicing intermittent fasting who want support with satiety and sustained energy
- Busy professionals, students, and parents who need support with long-lasting mental stamina
- People seeking a healthier alternative to coffee or energy drinks

## Ingredients

**Green yerba mate leaf:** Yerba mate comes from the leaves of the holly plant native to the central regions of South America. Yerba mate has been used by indigenous people for centuries. Yerba mate is a natural source of caffeine, and it contains a myriad of natural polyphenols, which have potent antioxidant properties.

Yerba mate contains naturally occurring:

- **Chlorogenic acids** - Chlorogenic acids are polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. Chlorogenic acids have significant biological effects on the body, including supporting healthy brain function, promoting an improved mood, and regulating lipid and glucose metabolism.
- **Mate saponins** - Mate saponins are a class of molecules that are specific to the yerba mate plant. Mate saponins support metabolic flexibility.

- **Theobromine** - Theobromine is a molecule that contains a structure similar to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus, and reduces mental fatigue.

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## Designed for health

Today, we face a health crisis unlike any the world has ever seen. Despite scientific advancements in medicine and health care, people are unhealthier than ever.

The good news is that this pervasive global health decline is completely reversible. As The Health Intervention Company, Unicity is committed to combating today's health crisis by developing products that are obsessively backed by science, rigorously tested, and masterfully produced—all to help millions around the world live better lives.



# Unimate



Supplement Facts		
Serving Size 1 packet (5.1g)		Servings Per Container 30 packets
Amount Per Packet	% Daily Value*	
Calories	15	
Total Carbohydrates	2g	1%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes 0g of added sugar		0%
Sodium	40mg	2%
Unimate (Green Mate Leaf Extract) Powder	3g	†

\*Percent Daily Values are based on a 2,000 calorie diet  
† Percent Daily Value not established.

OTHER INGREDIENTS: Citric Acid (from Cassava Root), Natural Flavor, Sodium Gluconate, Stevia Glycosides



Supplement Facts		
Serving Size 1 packet (5.3g)		Servings Per Container 30 packets
Amount Per Packet	% Daily Value*	
Calories	15	
Total Fat	0g	0%
Total Carbohydrates	2g	0%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes 0g of added sugar		0%
Sodium	40mg	2%
Unimate (Green Mate Leaf Extract) Powder	3g	†
Ginger (Root) Extract (Standardized to 5% Gingerols)	350mg	†

\*Percent Daily Values are based on a 2,000 calorie diet  
† Percent Daily Value not established.

OTHER INGREDIENTS: Citric Acid (from Cassava Root), Natural Flavors, Steviol Glycosides, Salt



Supplement Facts		
Serving Size 1 Stack Pack (5.8g)		Servings Per Container 30 packets
Amount Per Packet	% Daily Value*	
Calories	15	
Total Fat	0g	0%
Total Carbohydrates	3g	1%
Dietary Fiber	0g	0%
Total Sugars	1g	
Includes 0g of added sugar		0%
Sodium	95mg	4%
Unimate (Green Mate Leaf Extract) Powder	3g	†
Pomegranate (Fruit) Extract	150mg	†

\*Percent Daily Values are based on a 2,000 calorie diet  
† Percent Daily Value not established.

OTHER INGREDIENTS: Natural Flavors, Citric Acid, Salt, Beetroot Powder (for color), Steviol Glycosides



Supplement Facts		
Serving Size 1 packet (5.2g)		Servings Per Container 30 packets
Amount Per Packet	% Daily Value*	
Calories	15	
Total Fat	0g	0%
Total Carbohydrates	2g	1%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes 0g of added sugar		0%
Sodium	40 mg	2%
Unimate (Green Mate Leaf Extract) Powder	3g	†
Ginger (Root) Extract (Standardized to 5% Gingerols)	350mg	†

\*Percent Daily Values are based on a 2,000 calorie diet  
† Percent Daily Value not established.

OTHER INGREDIENTS: Citric Acid (from Cassava Root), Natural Flavors, Sodium Gluconate, Steviol Glycosides

# Unimate

## FAQs

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### Is Unimate Natural Lemon any different from the previous Unimate Lemon?

Unimate Natural Lemon is an exciting update to our current Unimate formula. Natural Lemon contains the same potent yerba mate extract with the same amazing benefits, but is naturally flavored and sweetened with Stevia.

### How much caffeine is in one serving of Unimate?

The product has been tested for an upper caffeine limit, and it has about as much caffeine as one cup of premium coffee. However, since natural ingredients can have some variation, the caffeine amount is not standardized.

### Can I take Unimate with Unicity Matcha?

Yes, you can use both products at the same time. Both products contain caffeine, so caffeine-sensitive individuals would be well advised to not drink the beverages together or before bed.

### Is this product compatible with ketogenic or other low-carb diets?

Unimate is ideal for keto or other low-carb diets because it helps make the body more efficient at producing ketones, the body's quick energy source from fat. Unimate prevents that tired, empty, listless feeling that comes from not having enough to eat because it helps the body use stored fat for energy.

### What are mate saponins?

Mate saponins are a class of saponin molecules that are specific to the yerba mate plant. Mate saponins have been shown to have significant biological effects, particularly in the realm of weight loss and fat burning.

### How is this product different from Unicity Matcha?

The two products differ in the types of energy they provide: Unicity Matcha supports physical energy, and Unimate supports mental energy. Matcha increases the amount of energy (ATP) produced, resulting in more cellular energy. Unimate promotes an improved mood, a sense of well-being, and it promotes the feeling that you can accomplish anything. Additionally, since Unimate also enhances ketone production, ketones can provide energy as well.

### Why can't pregnant or nursing women use this product? Can kids use Unimate?

Unicity does not test products on children, pregnant women, or nursing women. Therefore, Unicity cannot recommend usage for these demographics. It is also good to note that Unimate does contain natural caffeine, and many sources indicate that caffeine may not be good for pregnant women or young children.

### What are chlorogenic acids?

Chlorogenic acids are a family of polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. They have important biological effects, including supporting healthy blood pressure, supporting healthy brain function, and promoting an improved mood. Unimate contains around 20 times more chlorogenic acids than standard yerba mate drinks.

### What is theobromine?

Theobromine is a molecule that is similar in structure to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus, and reduces mental fatigue.

### What if I experience heartburn while on the Feel Great system?

If you are experiencing heartburn with Unimate, it could be that your stomach is more sensitive to caffeine intake or the flavor. Give your body a few weeks to adapt and in the meantime, avoid drinking additional caffeinated products. You may also try drinking Unimate slowly over a longer period of time, drinking a half serving, or adding more water when you prepare Unimate.

If you are experiencing heartburn with Balance, try reducing the size of your meals, eating more slowly to allow your body ample time to digest, or starting with a half serving while your body adjusts. These can help reduce bloating and reduce pressure on your stomach.

### What are gingerols?

Gingerols are natural compounds found in fresh ginger that give it its spicy flavor. They're also responsible for many of ginger's health benefits like supporting digestion, improving post-exercise muscle soreness, and helping with nausea. Unimate Fierce contains ginger root extract that contains 5% gingerol compounds.