

UNICITY Balance Orange



The smart solution to balanced nutrition.

Most people know that fiber is good for digestion. But fiber not only aids digestive health, it also has numerous other health benefits. Despite this, many of us don't get enough fiber from fruits, vegetables, and whole grains.

Balance is a pre-meal drink with a patented fiber matrix that includes soluble fiber, vitamins, and minerals to support healthy digestion.

Features

- Biosphere Fiber: A proprietary blend of five soluble fibers
- Unicity 7x: A specialized blend of plant-derived polysaccharides and Gum Arabic
- Bios Cardio Matrix: A blend of plant extracts and phytosterols
- Bios Vitamin Complex: A unique blend of vitamins and minerals
- Convenient, on-the-go single-serving stick packs
- Naturally flavored
- Naturally sweetened with stevia extract

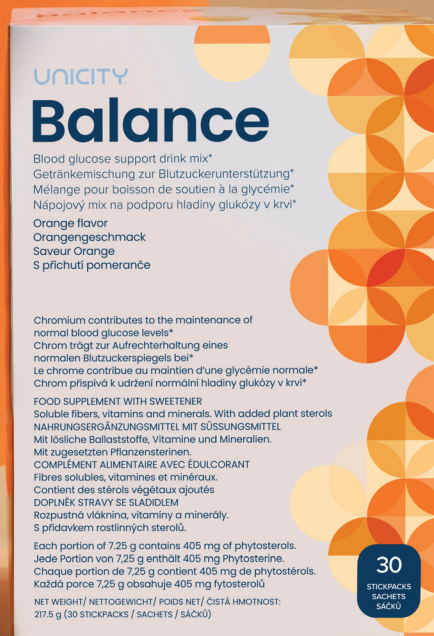
Benefits*



Easy addition to your fiber-rich diet



Convenient stick packs for on the go



Use

For best results, take 1-2 times daily, before or with meals. Vigorously mix each stick pack with 8-10 oz. (240-300 mL) of water and drink immediately.

For added benefits, combine Unicity Balance with a form of intermittent fasting like 16:8.

Ideal For

- Adults who want to enjoy the numerous health benefits of a fiber-rich diet

Try this



Mix Balance with Lean Complete to get both high-quality protein and fiber.



Mix Balance with Super Green + for added phytonutrients.

Ingredients

Biosphere Fiber Proprietary Formula®

Biosphere is a unique blend that includes five different plant-based fiber sources for a versatile fiber composition—ideal as a supplement to a high-fiber diet.

Ingredients: Guar Gum, Locust Bean Gum, Citrus Pectin, Oat Fiber, Beta-Glucans.

Unicity 7X™

Unicity 7x is a special blend of plant polysaccharides and gum arabic that forms a gel-like structure in water—characteristic for many soluble fibers.

Ingredients: Proprietary Blend of Plant-Derived Polysaccharides, Gum Arabic.

Bios Cardio Matrix™

Bios Cardio Matrix is a blend of plant extracts with phytosterols.**

Ingredients: Phytosterols, Policosanol (Sugar Cane Extract).

Bios Vitamin Complex™

Bios Vitamin Complex supplements your daily diet with valuable vitamins such as vitamin C, vitamin E, and B vitamins.

Ingredients: Calcium Carbonate, Vitamin C (ascorbic acid), Chromium, Vitamin A (beta carotene), Vitamin E (D-alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B6 (Pyridoxine HCl), Vitamin B12 (Cyanocobalamin), Folic Acid, Vitamin B1 (Thiamin), Biotin, Riboflavin.

NUTRITIONAL INFORMATION / ZUSAMMENSETZUNG / INFORMATIONS NUTRITIONNELLES / VÝŽIVOVÉ ÚDAJE

Daily portion/ Tagesdosis/ Portion recommandée/ Denní dávka: 1 stickpack/ Stickpack/ sachet/ sáček (7.25 g) Daily portions per container/ Tagesdosen pro Packung/ Portions journalières par emballage/ Počet denních dávek v balení: 30

Per daily portion / Menge pro Tagesportion / Quantité par dose journalière / Na denní dávku		%NRV**	%RI**
Vitamin C/ Vitamine C/ Vitamin C	45 mg	56%	
Vitamin E/ Vitamine E/ Vitamin E	13 mg	108%	
Thiamin/ Thiamine	2 mg	182%	
Riboflavin/ Riboflavine	2 mg	143%	
Niacin/ Niacine	26 mg	163%	
Vitamin B6/ Vitamine B6/ Vitamin B6	7 mg	500%	
Folic Acid/ Folsäure/ Acide folique/ Kyselina listová	367 mcg	184%	
Vitamin B12/ Vitamine B12/ Vitamin B12	25 mcg	1000%	
Biotin/ Biotine	20 mcg	40%	
Zinc/ Zink/ Zinek	2.3 mg	23%	
Chromium/ Chrom/ Chrome	100 mcg	250%	
Soluble fibers/ Lösliche Fasern/ Fibres solubles/ Rozpustná vláknina	3.3 g	-	
Resistant maltodextrin/ Resistentes maltodextrin/ Maltodextrine résistante/ Rezistentní maltodextrin	286.2 mg	-	
Oat fibers/ Haferfasern/ Fibres d'avoine/ Ovesná vláknina	350 mg	-	
Beta glucan/ Beta-Glucane/ Béta-glucanes/ Beta glukán	6 mg	-	
Guar gum/ Guarkernmehl/ Gomme guar/ Guma guar	1260 mg	-	
Gum arabic/ Gummi arabicum/ Gomme arabique/ Arabská guma	900 mg	-	
Citrus pectin/ Zitruspektin/ Pectine d'agrumes/ Citrusový pektin	425 mg	-	
Locust bean gum/ Johannisbrotkernmehl/ Farine de graines de caroube/ karubin	100 mg	-	
Phytosterols/ Phytosterine/ Phytostérols/ Fytosterin	405 mg	-	
Policosanol	3.6 mg	-	

**Nutrient Reference Values/ **Nährstoffbezugswerte/ **Valeurs nutritionnelles de référence/ **Referenční výživové hodnoty

OTHER INGREDIENTS: Natural Flavors, Resistant Maltodextrin, Orange Juice Powder, Citric Acid, Stevia Extract (Rebaudioside A>75%, Steviol Glycosides>95%).

Designed for Health

As The Health Intervention Company, Unicity develops products that are obsessively backed by science, rigorously tested, and masterfully produced—all to help millions around the world live better lives.

UNICITY

Balance

FAQs



Why are there vitamins and minerals in Balance?

The nutrients in Balance contribute to a balanced diet.

Who can take Balance?

We recommend Balance for adults who want to maintain good health. Pregnant and nursing women should consult their physician before taking Balance. As with any nutritional supplement, if you have any questions, consult your healthcare provider prior to use.

I understand increasing fiber can impact my system. Will I experience bloating or any discomfort?

Everyone tolerates fiber differently. When adding new sources of fiber to your diet, you should do so gradually to avoid gastrointestinal discomfort.

Can I still take Balance if I forgot to take it before a meal? Should I skip it if I already ate?

It is always best to have Balance before a meal, but it would be better to take it late rather than not at all.

Can I take this product with less than the recommended amount of water?

One serving of Balance should be mixed in 8-10 oz. (240-300 mL) of water. Taking this product without the recommended amount of liquid may cause choking. Do not use this product if you have difficulty swallowing.

What if I experience heartburn while using Balance?

If you are experiencing heartburn with Balance, try reducing the size of your meals, eating more slowly to allow your body ample time to digest, or starting with a half serving while your body adjusts. These can help reduce bloating and reduce pressure on your stomach.

NOTE: This product contains natural ingredients; therefore, color may vary, and some ingredients may not dissolve as rapidly as others. This product may be taken with medications that are compatible with food.*

*Nutritional supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. These products are not intended to diagnose, treat, cure or prevent any disease.

**Phytosterols contribute to maintaining normal cholesterol levels as part of a healthy diet (only at ≥ 0.8 g per daily serving + Note: Phytosterols can lower blood cholesterol levels. If you have high cholesterol or are taking medication, talk to your doctor).

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Balance

Mixed Berry



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Per daily portion / Menge pro Tagesportion / Quantité par dose journalière / Na denní dávku		%NRV**/ %RI**/ %VNR**
Vitamin A/ Vitamine A/ Vitamin A	225,4 mcg	28%
Vitamin C/ Vitamine C/ Vitamin C	47,7 mg	60%
Vitamin E/ Vitamine E/ Vitamin E	13 mg	108%
Thiamin/ Thiamine	2 mg	182%
Riboflavin/ Riboflavine	2 mg	143%
Niacin/ Niacine	25,7 mg	161%
Vitamin B6/ Vitamine B6/ Vitamin B6	7 mg	500%
Folic Acid/ Folsäure/ Acide folique/ Kyselina listová	367 mcg	184%
Vitamin B12/ Vitamine B12/ Vitamin B12	25 mcg	1000%
Biotin/ Biotine	20 mcg	40%
Zinc/ Zinc/ Zinek	2,5 mg	25%
Chromium/ Chrom/ Chrome	101 mcg	253%
Soluble fibers/ Lösliche Fasern/ Fibres solubles/ Rozpustná vláknina	3,2 g	-
Resistant maltodextrin/ Resistentes maltodextrin/ Maltodextrine résistante/ Rezistentní maltodextrin	581,5 mg	-
Oat fibers/ Haferfasern/ Fibres d'avoine/ Ovesná vláknina	294 mg	-
Beta glucan/ Beta-Glucane/ Bêta-glucanes/ Beta glukán	6 mg	-
Guar gum/ Guarkernmehl/ Gomme guar/ guma guar	1260 mg	-
Gum arabic/ Gummi arabicum/ Gomme arabique/ Arabská guma	900 mg	-
Citrus pectin/ Zitruspektin/ Pectine d'agrumes/ Citrusový pektin	127,5 mg	-
Locust bean gum/ Johannisbrotkernmehl/ Farine de graines de caroube/ karubin	79 mg	-
Phytosterols/ Phytosterine/ Phytostérols/ Fytosterin	405 mg	-
Policosanol	3,6 mg	-

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OTHER INGREDIENTS: Citric Acid, Resistant Maltodextrin, Natural Flavors, Stevia Extract (Rebaudioside A>75%, Steviol Glycoside >95%), Beetroot Powder.

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