

UNICITY ProBionic Plus



Emerging evidence in countless studies indicates that health starts in your gut.

Metabolic health, brain health, heart health, and almost all systems of our body can be linked back to a healthy digestive tract. The bacteria in our gut play an essential role in metabolizing nutrients from food, producing short-chain fatty acids for optimal blood sugar levels, and even supporting the immune system. The question is how to best support gut health. Many of us unknowingly live with a gut flora with too many “bad” bacteria taking over our digestive tract.

Having an overabundance of “bad” bacteria that do not perform these essential functions adequately can cause digestive discomfort, fatigue, weight gain, bloating, and even depression. In order to really transform your digestive system and health, you need to have the right bacterial flora residing throughout your gastrointestinal tract.

Probiotics are a way to introduce the right kinds of bacteria to your digestive system. The “good” bacteria from probiotics compete against the less desirable bacteria for colonization of the gut. These good bacteria can help to promote digestive regularity, metabolic health, and immune system function.

ProBionic Plus is a premier probiotic that provides you with 11 of the most studied strains of good bacteria. ProBionic Plus also utilizes a proprietary microencapsulation of the bacteria to ensure that higher numbers are delivered to the lower GI tract where they can then colonize and allow you to reap the benefits.

Features

- High-quality blend of live beneficial bacterial strains.
- Proprietary micro-encapsulation to promote better absorption.
- Convenient single-serving packets.
- 11 well-documented desirable strains forming 5 billion colony-forming units (CFUs).

Benefits



Supports healthy
intestinal flora



Promotes
digestive health



Use

Open packet and pour contents directly into your mouth.

May be mixed with a small amount of water or other liquid if desired.

Ideal For

Those looking for additional gastrointestinal support.

People who want to promote overall health, starting with the gut.

Ingredients

Proprietary Probiotic Blend:

11 different strains of Lactobacilli and Bifidobacteria. These bacterial strains have been studied extensively for their positive effects on the human gastrointestinal tract.

Fructooligosaccharides:

A type of prebiotic fiber for the bacterial strains to eat and ferment in the gut.

Active Ingredients

Each sachet (2 g) contains:

Proprietary Blend	5 billion CFU
Lactobacillus acidophilus LA14	
Bifidobacterium lactis HN019	
Lactobacillus rhamnosus	
Lactobacillus plantarum	
Lactobacillus acidophilus	
Lactobacillus gasseri	
Lactobacillus casei	
Lactococcus lactis	
Bifidobacterium longum	
Bifidobacterium breve	
Bifidobacterium lactis	
Fructooligosaccharides	1 g

Other ingredients: Xylitol, Strawberry Concentrate Powder, Natural Strawberry Flavor, Calcium Phosphate Tribasic, Citric Acid.

Contains: Milk.

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FAQs



I already eat a probiotic yogurt every day. Do I still need a probiotic supplement?

The question is always how many probiotic units (CFU) the product contains. ProBionic Plus contains 5 million CFU per serving, which is more than several servings of a typical yogurt. So if you want to take extra probiotics but don't want to base your daily diet around it, a probiotic supplement can be a good idea.

Are probiotics the same as live active cultures?

No. Live active cultures, often noted by a seal on yogurt and other dairy products, are microbes used in the process of making food.

Are all probiotic strains the same?

No. The health benefits of different probiotics are specific to their individual strains. This means a strain of *Lactobacillus rhamnosus* GG might have completely different effects from *Lactobacillus rhamnosus* GR-1. This is why you should consume probiotics containing specific strains of bacteria that have been proven efficacious through clinical studies.

Is ProBionic Plus a laxative?

No. ProBionic Plus may help to alleviate occasional constipation by supporting the intestinal microflora, whereas a laxative stimulates the digestive system through other means.



The Health Intervention Company™ – Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

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*This product is not intended to diagnose, treat, cure, or prevent any disease.

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